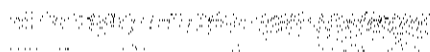
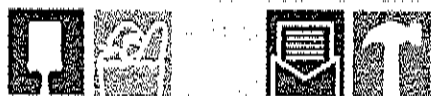


Millcreek Lutheran Church  
Newmanstown, Pennsylvania

Sunday, September 8, 2024  
The Sixteenth Sunday after Pentecost



God's work. Our hands.



*The Evangelical Lutheran Church in America's (ELCA) first dedicated day of service, in September 2013, was held to celebrate the church's 25th anniversary. Through the years we have embraced "God's work. Our hands." Sunday as a way to be church together. On this day we bear witness to the love and concern God's people have for one another. Our congregations do this work every day—loving their neighbors and improving their communities.*

*These acts of service allow us to explore one of our most basic Lutheran convictions: All of life in Jesus Christ—every act of service, in every daily calling, in every corner of life—flows freely from a living, daring confidence in God's grace.*

*We know the gospel changes lives and God's power and grace are real and at work today. We live out our purpose through worship and service, in our congregations and communities, through our individual vocations and our collective work as church together.*



"Rally Day" is a tradition among Protestant churches in the United States. The practice originated at the turn of the last century.

In the book, *How to Conduct a Sunday School*, published in 1905, the author, Marion Lawrence, has this to say. "This festival is rapidly growing in favor. It usually comes at the end of the summer break-up, and is used as a means of rallying the forces again for the work of fall and winter. When a general is preparing for a battle he is said to rally his forces. When a sick person begins to recover it is said of him that he his rallying. When a bookbinder brings together in one place the different sections of a book to be bound into one he is said to be rallying the book. All of these phrases may be applied to the Sunday-school work; we are rallying our forces for the great campaign of the fall and winter." Margaret (Peggy) Bendroth pointed out more recently (2009) that "Eventually, Rally Day became more of a church event than a Sunday school one."

Even more recently, our own denomination, has reframed "Rally Day" as "God's Work. Our Hands. Sunday." to celebrate who we are as the Evangelical Lutheran Church in America—one church, freed in Christ to serve and love our neighbor.

Prelude of Entrance

Announcements

Prelude of Preparation

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## Gathering

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### Opening Dialog and Prayer of the Day (standing)

The heavens declare the glory of God, and the sky  
proclaims its maker's handiwork.

Teach us your ways, O God.

Take knowledge rather than gold, for all that you  
may desire cannot compare with wisdom.

Teach us your ways, O God.

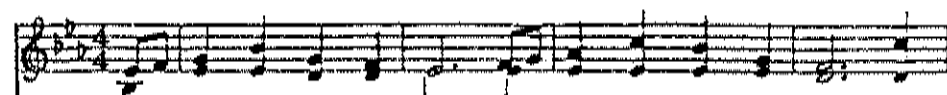
Know the love of Christ that surpasses knowledge,  
so that you may be filled with all the fullness of God.

Teach us your ways, O God.


Let us pray. Almighty God, you give wisdom and  
knowledge. Help us to study diligently and to  
grow in all that is good. Support all who teach and  
all who learn, that together we may know and  
follow your ways; through Jesus Christ, our Savior  
and Lord. Amen.



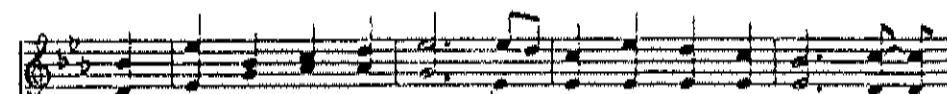
### Gathering Song: "This Is My Father's World" (standing)




1. This is my Fa-ther's world, And to my lis-tening ears All  
2. This is my Fa-ther's world, The birds their car-ole raise, The  
3. This is my Fa-ther's world, O let me ne'er for-get That



na-ture sings, and round me rings The mu-sic of the spheres,  
morn-ing light, the lil-y white, De-clare their Mak-er's praise.  
though the wrong seems oft so strong, God is the Rul-er yet.



This is my Fa-ther's world: I rest me in the thought Of  
This is my Fa-ther's world: He shines in all that's fair; In the  
This is my Fa-ther's world: The bat-tle is not done; Je-



rocks and trees, of skies and seas—His hand the won-ders wrought.  
rus-tling grass I hear Him pass, He speaks to me ev-ry-where.  
sus who died shall be sat-is-fied, And earth and heaven be one. A-MEN.

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## Word

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### Blessing of Learners and Backpacks (seated)

When it's the night before going to school, and  
you're picking out your clothes and making sure  
you have all your school supplies...

Children: Jesus is with me.

When you're waking up and eating a healthy  
breakfast to start the day...

Children: Jesus is with me.

When you're getting on the school bus or being  
driven to school...

Children: Jesus is with me.

When you meet your teachers and new friends in  
your class...

Children: Jesus is with me.

When you're playing with your friends at recess...

Children: Jesus is with me.

When you're finding the right school bus to ride  
home...

Children: Jesus is with me.

When you're telling your family about your day  
at school...

Children: Jesus is with me.

When you're praying at night and thanking God  
for your family, your friends and your school...

Children: Jesus is with me.

### First Reading (seated)

A reading from Isaiah [35:4–7a].

<sup>35:4</sup>Say to those who are of a fearful heart,

"Be strong, do not fear!

Here is your God.

He will come with vengeance,

with terrible recompense.

He will come and save you."

<sup>5</sup>Then the eyes of the blind shall be opened,

and the ears of the deaf unstopped;

<sup>6</sup>then the lame shall leap like a deer,

and the tongue of the speechless sing for joy.

For waters shall break forth in the wilderness,

and streams in the desert;

<sup>7a</sup>the burning sand shall become a pool,

and the thirsty ground springs of water.

The Word of the Lord.

Thanks be to God.

### Responsive Reading: Psalm 146 (seated)

<sup>1</sup>Hallelujah! Praise the LORD, O my soul!

<sup>2</sup>I will praise the LORD as long as I live; I will  
sing praises to my God while I have my being.

<sup>3</sup>Put not your trust in rulers, in mortals in whom  
there is no help.

<sup>4</sup>When they breathe their last, they return to earth, and in that day their thoughts perish.

<sup>5</sup>Happy are they who have the God of Jacob for their help, whose hope is in the Lord their God;

<sup>6</sup>who made heaven and earth, the seas, and all that is in them; who keeps promises forever;

<sup>7</sup>who gives justice to those who are oppressed, and food to those who hunger. The LORD sets the captive free.

<sup>8</sup>The LORD opens the eyes of the blind; the LORD lifts up those who are bowed down; the LORD loves the righteous.

<sup>9</sup>The LORD cares for the stranger; the Lord sustains the orphan and widow, but frustrates the way of the wicked.

<sup>10</sup>The LORD shall reign forever, your God, O Zion, throughout all generations. Hallelujah!

#### Gospel Reading (standing)

The Holy Gospel according to Mark [7:31–37].

Glory to you, O Lord.

<sup>31</sup>Then [Jesus] returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. <sup>32</sup>They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. <sup>33</sup>He

took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. <sup>34</sup>Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” <sup>35</sup>And immediately his ears were opened, his tongue was released, and he spoke plainly.

<sup>36</sup>Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. <sup>37</sup>They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

The Gospel of the Lord.

Praise to you, O Christ.

#### Homily (seated)



## Hymn of the Day: "In the Garden" (seated)



1. I come to the gar - den a - lone, While the dew is still on the  
 2. He speaks, and the sound of His voice is so sweet the birds hush their  
 3. I'd stay in the gar - den with Him Though the night a-round me be

ros - es; And the voice I hear, fall - ing on my ear; The  
 sing - ing, And the mel - o - dy that He gave to me, With -  
 fall - ing, But He bids me go; through the voice of woe, His

**REFRAIN**

Son of God dis - clos - es.  
 in my heart is ring - ing. And He walks with me, and He  
 voice to me is call - ing.

talks with me, And He tells me I am His own, And the

joy we share as we tar - ry there, None oth - er has ev - er known.

## Prayer for Returning to School (seated)

Loving God, we come before you with prayers on our hearts. We offer to you our very lives that we may live according to your will.



Take my life, that I may be  
 consecrated, Lord, to thee;  
 take my moments and my days;  
 let them flow in ceaseless praise.

We pray for all children—for their playfulness, for their curiosity and for their joyfulness. We pray, as they go beyond the boundaries of home, that they will find strong and true friendships. We pray especially for those called to lead and to care for them. Grant O God that our children and the adults who minister with them might grow in your love.



Take my hands and let them move  
 at the impulse of thy love;  
 take my feet and let them be  
 swift and beautiful for thee.

We pray for all young people, for the ways they test boundaries and question authority. We pray, O God that they will continue to develop and to

use the gifts you have given them. We pray for those called to teach, to lead, to coach, and to mentor our young people. Grant your wisdom and generous spirit to these youth and adults as they commit to grow righteously in this complex world.



**Take my voice and let me sing  
always, only, for my King;  
take my lips and let them be  
filled with messages from thee.**

We pray for all college students, for the questions they are facing about their future. We pray for those called to lead and to care for them—for professors, counselors, administrators, and advisors. Nurture all students and leaders, O God, in communities of fellowship and protect them from isolation and loneliness. Grant your courage to these young adults and adults as they engage in critical learning and discovery for the stewardship of our world.



**Take my silver and my gold,  
not a mite would I withhold;  
take my intellect and use  
ev'ry pow'r as thou shall choose.**

We pray for all those who teach and lead, O God. Inspire them with creativity and commitment.

Give them energy to continue teaching and bringing forth the best from their students. Help us to appreciate their efforts and to treat them with respect. Provide opportunities, O God, for their refreshment and renewal.



**Take my will and make it thine,  
it shall be no longer mine.  
Take my heart, it is thine own,  
it shall be thy royal throne.**

We pray for all adults as they endeavor to live faithful lives in their homes and in their workplaces. We pray for all who are parents, stepparents, guardians, caregivers, and grandparents of children, youth, and young adults. Help them to find the time to sit and to listen to their young people. Give them hearts and minds filled with patience, understanding and wisdom. Enable them to share your wisdom and love, O God, in word and by example.



**Take my love; my Lord, I pour  
at thy feet its treasure store;  
take myself, and I will be  
ever, only, all for thee.**

We pray for all those who learn—children, youth, young adults and adults. Keep them from being discouraged when facing the trials of the day. Instill in them a desire to grow in wisdom and understanding. Grant them the discipline of study and the ability to concentrate. We pray for all of us as learners, O God. We know that we never stop learning about your love and faithfulness. We thank you, O God our creator, for teaching us through your word and through your son, Jesus Christ, in whose name we pray. **Amen.**

Dedication of Sunday School Leaders (seated)

Dear friends: United with all the baptized in the one body of Christ, anointed with the gift of the Holy Spirit, we are joined in God's mission for the life of the world. We are called to that mission in our daily lives and in the ministries we share as the church of God.

Today it is our privilege to recognize and support those who are engaged in the work of this congregation, especially those in the ministry of our Sunday School.

Friends in Christ, both your work and your rest are in God. Will you endeavor to pattern your life on

the Lord Jesus Christ, in gratitude to God and in service to others, as you carry out the ministry of Sunday School Leaders in this congregation?  
[I will, and I ask God to help me.]

People of God, I ask you: Will you support these your sisters and brothers in their service, and will you share in the mutual ministry that Christ has given to all who are baptized?

**We will, and we ask God to help us.**

Let us pray. O God of wisdom, in your goodness you provide faithful teachers for your church. Bless those who serve as Sunday School Leaders. Help us all to study your word and engage your world, that together we may grow in knowledge and love, pursue what is good, and seek to do your will; through Jesus Christ, our Savior and Lord. **Amen.**

The Peace (standing)

The peace of the Lord be with you always.

**And also with you.**

*The members of the assembly may greet one another in the peace of the Lord.*

*There is a wooden box with a cross on top where offerings may be given.*

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## Meal

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### The Dialog (standing)

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

### The Words of Institution (standing)

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

### The Lord's Prayer (standing)

**Our Father, who art in heaven,**

**hallowed be thy name,**

**thy kingdom come, thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread;**

**and forgive us our trespasses,**

**as we forgive those who trespass against us;**

**and lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

*The ministers distribute the bread and wine.*

The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace. **Amen.**

### Prayer after Communion (standing)

Let us pray. Living God, as the disciples ate and drank with their risen Lord, we have been nourished with the very presence of Christ. Through this meal may we be strengthened to keep your word and to proclaim the power of your love in Jesus Christ our Savior. **Amen.**

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## Sending

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### Benediction and Dismissal (standing)

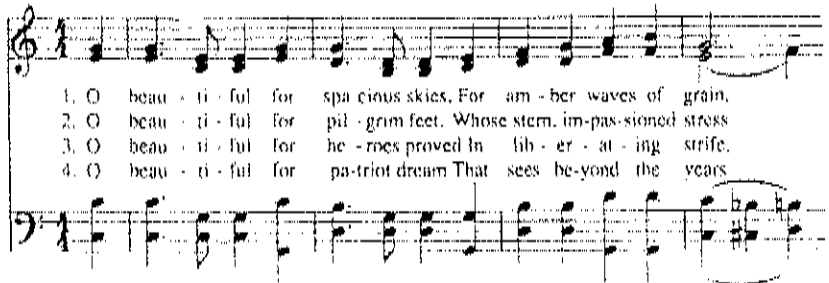
God all mighty, God most merciful ✠ bless you, keep you, and give you peace. **Amen.**

Go in peace. Follow Jesus.

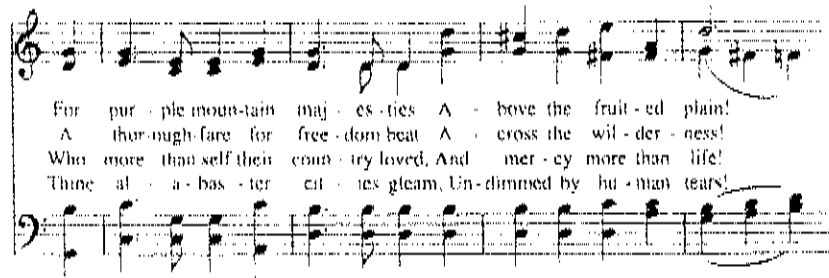
**Thanks be to God!**



# Sending Song: "America, the Beautiful" (standing)



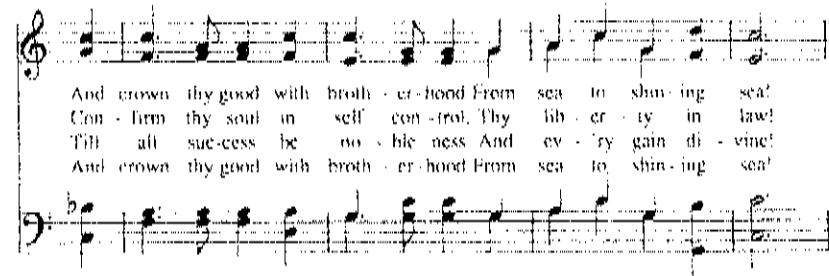
1. O beau - ti - ful for spa - cious skies, For am - ber waves of grain,  
 2. O beau - ti - ful for pil - grim feet, Whose stern, im - pas - sioned stress  
 3. O beau - ti - ful for he - roes proved in lib - er - at - ing strife,  
 4. O beau - ti - ful for pa - triot dream That sees be - yond the years



For pur - ple moun - tain maj - es - ties A - bove the fruit - ed plain!  
 A - thur - ough - fare for free - dom beat A - cross the wil - der - ness!  
 Who more than self their coun - try loved, And mer - cy more than life!  
 Thine al - a - bas - ter cit - ies gleam, Un - dimmed by hu - man tears!



A - mer - i - ca! A - mer - i - ca! God shed His grace on thee.  
 A - mer - i - ca! A - mer - i - ca! God mend thine ev - 'ry flaw,  
 A - mer - i - ca! A - mer - i - ca! May God thy gold re - fine,  
 A - mer - i - ca! A - mer - i - ca! God shed His grace on thee.

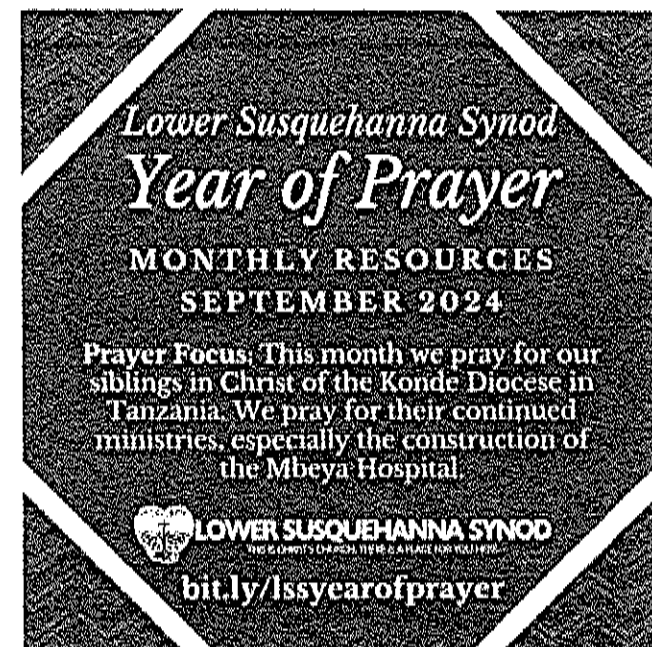


And crown thy good with broth - er - hood From sea to shin - ing sea!  
 Con - firm thy soul in self - con - trol, Thy lib - er - ty in law!  
 Till all suc - cess be no - ble - ness And ev - 'ry gain di - vine!  
 And crown thy good with broth - er - hood From sea to shin - ing sea!

In the Lower Susquehanna Synod, we equip leaders, encourage cooperation, and engage in new mission, all for the sake of sharing God's love in the world; our bishop serves as the spiritual and

administrative leader in this work. In June 2025, we will elect a new bishop as Bishop Dunlop wraps up his second term and steps into retirement. Electing a bishop is one of the most important responsibilities in the life of a synod. As such, it involves discernment, from the perspective of individual potential nominees and the synod as a whole. Thus, engaging in prayerful reflection and seeking the guidance of the Holy Spirit are critical aspects of the process of nomination and election.

To support this journey, we are inviting the Lower Susquehanna Synod to participate in a year of prayer. Weekly prayer petitions, hymn selections, and other resources have been created to unite us within our local settings. We hope our year of prayer meaningfully guides us into the next chapter of our ministry together.



*Lower Susquehanna Synod*  
**Year of Prayer**  
 MONTHLY RESOURCES  
 SEPTEMBER 2024  
 Prayer Focus: This month we pray for our siblings in Christ of the Konde Diocese in Tanzania. We pray for their continued ministries, especially the construction of the Mbeya Hospital.  
 LOWER SUSQUEHANNA SYNOD  
 THE LORD'S CHURCH HERE & ABROAD FOR ALL  
[bit.ly/1ssyearofprayer](https://bit.ly/1ssyearofprayer)

## A Bishop Reflects on 9-11

*The Rev. Paul Egensteiner serves as bishop of the Metropolitan New York Synod.*

I remember exactly where I was when I heard of the planes flown into the World Trade Center here in New York City, the plane that attacked the Pentagon and the plane that went down near Shanksville, Pa.

In a daze of disbelief, I walked the short distance from the church where I served to my home. Like so many others, I spent the rest of the day transfixed in front of the TV, trying to make sense of what I was seeing and, of course, asking the "why" question.

I'm a New Yorker, born and raised, and I can tell you our reputation for toughness is well-earned. But as those two iconic towers came down, our spirits came down with them. I later found out that one of the firefighters who died in the building collapse had a child in our nursery school. The sister of one of our pastors (and a close friend) was on the plane that went down in Pennsylvania.

These losses—of people, landscape and spirit—still hurt. I'm proud of the new Freedom Tower that stands adjacent to the World Trade Center site, a witness to our resilience and toughness. The 9/11 Memorial is beautiful, peaceful and heartbreaking, all at the same time. Tears come easily. So do prayers and sighs too deep for words.

Sadly, there have been many tragedies in our country and world since Sept. 11, 2001. But it stands as a landmark in the hearts and minds of all Americans, and New Yorkers in particular.

The "why" questions have been answered but not in a satisfying way.

More important to me are the "what now" questions. When do we—all of us—learn the lessons of that day and treat each other with the love and respect we all deserve as children of God? When do we lay aside the weapons of war, which sometimes come in the form of commercial airliners full of people, and take up the work of peace? When do we confront the injustice, hatred and prejudice that separate the human family into worthy and unworthy, and not only recognize but openly advocate for our commonality as the beloved of the Creator?

We, as church, the body of Christ, are called to these holy priorities and this prophetic work.

As I look southward out my office window and see the Freedom Tower on the horizon, these are the questions that not only occupy my spirit but motivate my work and service. In Jesus' name.



## Jesus Heals a Deaf Man

Looking up to heaven, he sighed and said, "Ephphatha," which means, "Be opened!" Instantly the man could hear perfectly, and his tongue was freed so he could speak plainly! Mark 7:34-35 (NLT)

Based on Mark 7:31-37 (NLT)

X Y V Q X S B H J S E D E A F  
G F K G L U P I E R Y B H Y D  
V P S T Y S K E W A D W G T A  
A N I F J I V O E D V C P N H  
T P J I W G P W C C B E B K P  
S B M N U H D O F X H Y N H R  
T O N G U E N O P I Z M K E G  
O X L E N D D U Z E R L W A B  
U G V R I O U C V W N D Y L N  
C T G S P Q F J L B Y E Y E U  
H X L J M A N Y E R O Y D D Q  
E Q J F R E E D B S X B Z C P  
D C S P E A K T M M U D I L T  
E E X M P R N P N X H S J J Z  
Q C N W G S N P M V E Q O P J

JESUS	DEAF	SPEECH	TOUCHED	HEALED
FINGERS	SIGHED	SPIT	TONGUE	HEAVEN
OPENED	MAN	SPEAK	EARS	FREED



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[pastorscottparadise@gmail.com](mailto:pastorscottparadise@gmail.com)

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### Our Mission

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Helping God restore and renew our community, our congregation, and our selves.

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### Sunday September 8, 2024

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You can **listen to the worship service** over the phone patch at **10:15 AM**. Just dial **717-628-0125**. You will hear a message welcoming you to Millcreek. At that point you are connected to our church sound system, so just stay on the line. You may also watch the service later on You Tube.

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### Helping God Restore and Renew our Community

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**BLOOD DRIVE INFORMATON** for September 19th can be found on the yellow insert.

**RELAY FOR LIFE NEWS** is included on the pink insert.

**SHOE BOX PROJECT:** We will be participating in Samaritan's Purse-Operation Christmas Child this year by filling shoe boxes for children who would otherwise not receive any gifts at Christmas. There are brochures and labels in the narthex with instructions. (Please read them carefully as there are restrictions as to what can be included in the shoe boxes.) There are preprinted shoe boxes that can be assembled, or you can wrap a shoe box of your own, just make sure the lid can be opened. Finished shoe boxes should be placed on the table in the multi-purpose room. If you are including the shipping charges, it is \$10 per box, payable to Samaritan's Purse (put your check in an envelope inside your





box) or you can refer to the instructions in the brochure to donate online. The deadline for the completed boxes is Sunday, November 3, 2024. If you have any questions, please contact Lisa Martin (610-589-5505) or Pat Ontkos (610-589-4350). Thank you, Lisa & Pat

**STACEY'S TOY DRIVE:** Since 2016, the Seldomridge/Pennington/O'Connor family has held an annual toy drive in honor of Stacey, who was tragically killed in an act of domestic violence. Toys for Tots was her favorite charity and we have dedicated ourselves to carry on this tradition and continue her legacy through an annual toy drive in her remembrance. This year is our 9th annual toy drive and all collected toys will be given directly to the children of Queen Anne's County, MD (home of Lindsay, Stacey's sister). We hope you will consider donating a new, unwrapped toy for donation (ages 0-12) that can be brought to the church. Stephanie Seldomridge will transport the toys to Lindsay in mid-October.



If you prefer to order on Amazon or elsewhere, you can ship directly to Lindsay O'Connor at 321 Narnia Drive, S Grasonville, MD 21638. Thank you for helping to keep Stacey's legacy alive and for helping the kids of Queen Anne's County. Thanks, Debbie Tice

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### Helping God Restore and Renew our Congregation

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***RALLY DAY happenings on Sunday September 8<sup>th</sup> are as follows: Our worship service is outside at 10:15 a.m. weather permitting. (People can bring their own comfy chairs.)***



**Sunday School Rally Day is at 9:00 a.m.** The Sunday school teachers have put together a Wild, Wild, West theme that will include games, crafts, a story and a snack. We want to welcome all Sunday school students to attend this fun morning with us. Please remember to bring book bags along to church as Pastor Scott will be blessing them during the service. Reminder for parents regular Sunday school classes will resume on Sept 15<sup>th</sup> at 9:00 a.m.

**RALLY DAY ANNUAL PICNIC** will take place following the worship service. The kitchen crew and youth will grill and provide the hotdogs and drinks. The congregation is asked to bring sides and desserts. Please plan on staying for the picnic for lots of your goodies and fellowship.



**TREASURER'S REPORT: September 1, 2024,** Current Offerings-\$633.00, Plate-10.00, Flowers-30.00. Total-\$673.00. Attendance-32

**August Electronic Givings:** Current Offerings-\$2,040.00, Renew & Restore-100.00. Total-\$2,140.00

**THE SEPTEMBER NEWSLETTER** is available for you to pick up from the table or wall rack in the narthex.

**EVANGELISM COMMITTEE** will meet Wednesday, September 18 at 2:00 p.m.

**LOOKING FOR ANYONE INTERESTED IN MAKING MUSIC & FRIENDS!**

Yes, it's time for the choir to get started. Our first rehearsal will be Thursday, September 12 @ 7 pm in the choir room. All are welcome - from middle school and up! Two new members found us last year and we would love to have more! If the night is not good for you, let me know and we can work on another time. After 50+ years of Wednesday nights, we have reworked our schedule to fit whatever work for our members. We sing most Sundays, special occasions and other times as needed. Questions - talk to Debbie Tice or any choir member!

**CHURCH BREAKFAST** will be held at Country Fare in Myerstown on Saturday September 14 at 8:00 a.m. All are welcome. Ask the hostess for the Millcreek group and you will be directed to our table. We'd love to have breakfast with you. Nancy Deiter

**HARVEST HOME** is Sunday, September 15. Please consider bringing non-perishable food items for our annual collection during worship.

**LAYREADERS REQUESTED:** We have a nice group of readers on the lay reader list, but I would like a few more lectors in addition to the present list. Please contact me if you would be interested by putting a note in the secretary slot in the office, call 610-589-2570, or email me [Secretary@millcreeklutheran.com](mailto:Secretary@millcreeklutheran.com). Thank you, Linda Sheetz



**The Nursery at Millcreek** will open Sunday, September 15, during the church service. Ages accepted are 0-8 years old (once your child moves to third grade, they are encouraged to sit in the church with their parent(s). If you would like to reach out to me personally, either to help volunteer in the Nursery, to ask questions, or speak with me regarding specifics for your child/children, contact me by phone at 717-639-4767, or by email [stephselah0125@gmail.com](mailto:stephselah0125@gmail.com). I am looking forward to caring for your child in the nursery. Stephanie Sheetz

**FLOWER & BULLETIN SIGNUP SHEETS** are on the bulletin board in the narthex. Sponsorship of flowers is \$30 and bulletins are \$10. There are still dates available for 2024.

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**Helping God Restore and Renew Our Selves**

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**LEBANON SINGING CEDARS BARBERSHOP CHORUS** will present its annual show on Saturday, September 14 at the Church of the Good Shepherd, 1500 Quentin Rd., Lebanon. Show time is 7:00 PM. This year's show is a Mardi Gras theme. Tickets are \$15.00 and can be purchased from Roy Hoglund (717-228-8175) or any other chorus member, or at the door.





**THYME WITH DEBBIE:** September 17, 2024. Classes are held at Millcreek Lutheran Church from 10 AM to 12 PM with a cost of \$23.00. The next class is listed below. To register for a class or for any questions, please contact Debbie Hartman at 484-577-6695 or at [thymewithdebbie@gmail.com](mailto:thymewithdebbie@gmail.com).

**Topic this month:** Sweet Talking Sweet Herbs

**Description:** Herbs can walk the path of sweetness as well as savory. This class will focus on how to use herbs, either fresh, frozen or dried, in ways that add their special nuance to whatever you are creating.

From baking to fruits, herbs have a place to add their special touch. Come and join us for a walk down the path of sweetness.

**CROSS STITCH ITEMS:** Please see Mary Ream if you do cross stitch. She has an abundance of supplies she would like to share with you.

**THIS WEEK WE REMEMBER THE FOLLOWING PERSON(S) WITH CARDS & PRAYERS:**

Violet Hepler, Stone Ridge Poplar Run, 450 E. Lincoln Ave., Myerstown, PA 17067

**IF YOU ASKED FOR A MILLCREEK MEMBER TO BE PUT ON THE PRAYER LIST, PLEASE TELL THE CHURCH SECRETARY WHEN OUR PRAYERS HAVE BEEN ANSWERED SO SHE CAN KEEP THIS LIST CURRENT.**

**MILLCREEK MEMBERS PRAYER LIST:** R. Hart Beaver, Debbie Hartman, Violet Hepler, Abbie Keath, Shad Kreitz, The Leibig Family, Ronald Merkel, Barbara Potteiger, Norm Sharp, Debra Webber, Stewart Wolf, Ginny Wolfe, Aaron Yiengst, Devon Yiengst, Michael Yiengst, Jr., Greer Zellers

**NON-MEMBER REQUESTS ARE LISTED ON A WEEKLY BASIS. TO BE INCLUDED, YOU MAY CONTACT LINDA EACH WEEK WITH YOUR REQUESTS BY NOON ON THURSDAY by calling 610-589-2570 or email [secretary@millcreeklutheran.com](mailto:secretary@millcreeklutheran.com).**

**NON-MEMBER PRAYER LIST:** Tina Kale, Stacy Negron (friends of Linda Hable) Mike Nelson, (friend of Kristin Bender), Bonnie Rittle (friend of Greta McMullan), John T'schudy (relative of Mary Ream), Lisa Light, Katelyn Smith (friends of Debbie Tice)

## RELAY FOR LIFE NEWS

September 2024

**Bark For Life of Lebanon County**  
*sponsored by Rick Graybill*

**Saturday, September 14, 2024**  
**10am-1pm**

**Lebanon Expo Center and Fairgrounds**  
**80 Rocherty Road, Lebanon, PA 17042**

Bring your doggie friends out for a community dog walk as we honor their caregiving abilities. All registered dogs receive a gift! Enjoy activities and contests (best costume, smallest dog, largest dog). Cost is \$20 for one dog and \$30 for two dogs. Relay teams who register a Bark team, your Bark fundraising will be credited to your Relay team.

Vendors are welcome! Relay teams are encouraged to vend to fundraise for your team. Vendors are \$25 (no charge for registered Relay teams).

Support the Bark For Life t-shirt/hoodie fundraiser! Lots of options of long and short sleeve shirts, crew neck sweatshirts, and hoodies! Once you purchase, they are shipped directly to you.

**Survivor and Caregiver Social**  
**Wednesday, September 18, 2024**  
**6-8pm**

**Wellspan Philhaven Mt. Gretna**  
**Grace M. Pollock Training and Community Center**  
**239 Butler Road, Lebanon, PA 17042**

Survivors and their caregivers from across the South Central PA region are invited to this social. The featured speaker is Rob Bare, author of *Braving Your Adversity*. His book not only honors his late wife's heroic cancer battle, but was also written to drive, inspire, and motivate others to brave their adversity. Rob will share an encouraging message and be on hand to sign copies of his books, on sale for \$10. This event is free, but registration is required. Survivors may bring one caregiver.

If you would like to see everything on the email, talk to Deb Buffington or Deb Tice and we can forward all to you.

**Boo Bash**  
**Saturday, October 12, 2024**  
**6-11pm**

**Eagles Banquet Hall**  
**116 North 8th Street, Lebanon, PA 17046**  
**Cost: \$40/pp**



# BLOOD DRIVE

Thursday, September 19<sup>th</sup> • 11:00 am - 7:00 pm

**Millcreek Lutheran Church**

221 North Sheridan Road, Newmanstown 17073

*In the Multipurpose Room*

Everyone will receive a Papa John's buy  
one Large Pizza get one FREE certificate &  
a Bag of Seasonal Pancake Mix!



3 ways to schedule your donation appointment:

- go to [717GiveBlood.org](http://717GiveBlood.org) & click on
- call 1-800-771-0059
- scan the QR Code

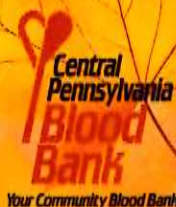
**DONATE NOW**



FOLLOW US ON SOCIAL MEDIA

A form of ID is **REQUIRED** to donate

- We strongly suggest you schedule an appointment to donate blood. Appointments help us improve your donation experience.
- Walk-Ins are welcome; however, donors with appointments will be taken first and this may result in a significant wait time.



## Who Depends on Blood You Donate

Liver transplant	6-10 units of Red Blood Cells 20 units of plasma 10 units of platelets
Kidney transplant	1-2 units of red blood cells
Heart transplant	2-6 units of red blood cells
Adult open-heart surgery	2-6 units of red blood cells 2-4 units of plasma 1-10 units of platelets
Newborn open-heart surgery	1-4 units of red blood cells 1-2 units of plasma 1-4 units of platelets
Prostate cancer surgery	2-4 units of red blood cells
Abdominal aortic aneurysm	4-6 units of red blood cells
Bone marrow transplant	1-2 units of red blood cells every other day for 2-4 weeks 6-8 units of platelets daily for 4-6 weeks
Automobile accident	4-40 units of red blood cells
Leukemia	2-6 units of red blood cells 6-8 units of platelets daily for 2-4 weeks
Sickle cell disease	10-15 units of red blood cells to treat severe complications
Premature newborn	1-4 units of red blood cells while in intensive care